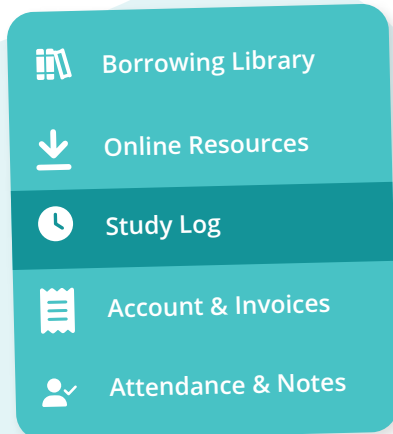
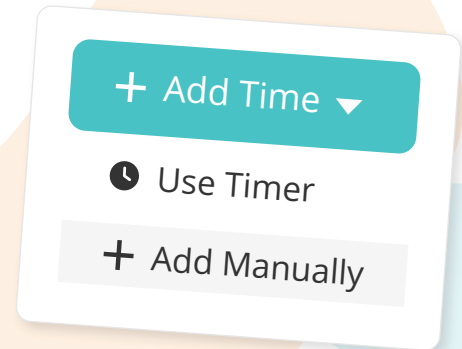


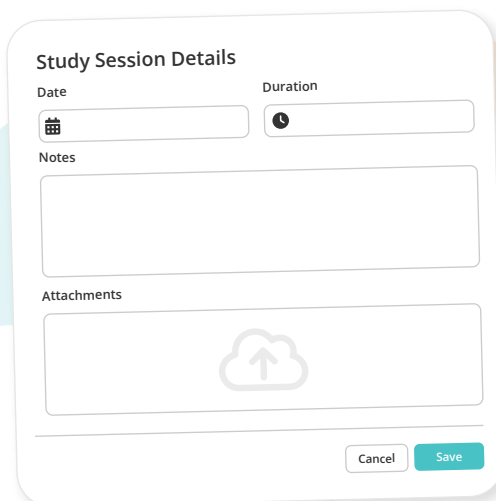
# Add Study Time



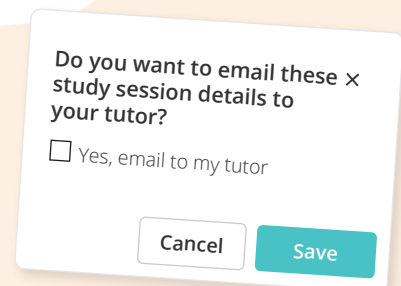
Navigate to **“Study Log”** from the main menu on the left




Click the **“Add Time”** button, then **“Add Manually”** from the dropdown

A form titled 'Study Session Details' with fields for 'Date' (calendar icon), 'Duration' (clock icon), 'Notes' (text area), and 'Attachments' (cloud upload icon). 'Cancel' and 'Save' buttons are at the bottom right.

Fill in the date & duration, add any notes or attachments, then click **“Save”**

A dialog box asking 'Do you want to email these x study session details to your tutor?' with a checkbox for 'Yes, email to my tutor' and 'Cancel' and 'Save' buttons.

**OPTIONAL:** Email your practice log entry & notes to your tutor by selecting the **“Email to tutor”** checkbox

 **More questions?** Click the question mark in the top right corner to open the in-app Help Center